



Dr. Paul Sayour and Dr. Michael Preneta  
Wickford Chiropractic and Wellness Center

**UPDATE PATIENT** FORM FOR **CONFIDENTIAL** CASE HISTORY FILE. PATIENT/MEDICAL INFORMATION IS USED FOR TREATMENT, REFERRAL AND CLAIMS PROCESSING ONLY.

DATE: \_\_\_\_\_

**FULL NAME** \_\_\_\_\_ AGE \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_ SS#: \_\_\_\_\_

**ADDRESS** \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

**HOME PHONE** \_\_\_\_\_ **WORK PHONE** \_\_\_\_\_ **CELL PHONE** \_\_\_\_\_

**HEIGHT** \_\_\_\_\_ **WEIGHT** \_\_\_\_\_ **MARITAL STATUS:** M W D S **GENDER:** M F OTHER

**EMPLOYMENT Status (check one)**  Employed  FT Student  PT Student  Other  Retired  Self Employed

**OCCUPATION** \_\_\_\_\_ **EMPLOYER** \_\_\_\_\_ **ADDRESS** \_\_\_\_\_

**SPOUSE'S NAME** \_\_\_\_\_ **OCCUPATION** \_\_\_\_\_ **SPOUSE'S EMPLOYER** \_\_\_\_\_ **ADDRESS** \_\_\_\_\_

**RACE (CHECK ONE)**  WHITE  BLACK/AFRICAN AMERICAN  HISPANIC  AMERICAN INDIAN/ALASKAN NATIVE

ASIA  ASIAN INDIAN  CHINESE  FILIPINO  JAPANESE  KOREAN  VIETNAMESE  SAMOAN

NATIVE HAWAIIAN OR OTHER PACIFIC ISLAND  GUAMANIAN OR CHAMORRO  OTHER \_\_\_\_\_

I CHOOSE NOT TO SPECIFY **MULTI-RACIAL (CHECK ONE)**  YES  NO  UNKNOWN

**ETHNICITY (CHECK ONE)**  HISPANIC OR LATINO  NOT HISPANIC OR LATINO  I CHOOSE NOT TO SPECIFY

**PREFERRED LANGUAGE (CHECK ONE)**  ENGLISH  SPANISH  AMERICAN SIGN LANGUAGE  CHINESE  FRENCH

GERMAN  TAGALOG  VIETNAMESE  ITALIAN  KOREAN  RUSSIAN  POLISH  ARABIC

PORTUGUESE  JAPANESE  FRENCH CREOLE  GREEK  HINDI  PERSIAN  URDU  GUJARATI  ARMENIAN

I CHOOSE NOT TO SPECIFY

**INSURED'S NAME** \_\_\_\_\_ **RELATIONSHIP TO PATIENT** \_\_\_\_\_

**INSURED'S DATE OF BIRTH** \_\_\_\_\_ **INSURED'S SOCIAL SECURITY #** \_\_\_\_\_

**INSURED'S ADDRESS** \_\_\_\_\_ **PHONE** \_\_\_\_\_

**NEAREST RELATIVE OR FRIEND TO CALL IN CASE OF EMERGENCY:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_ **HOME PHONE:** \_\_\_\_\_ **CELL #:** \_\_\_\_\_

**REFERRED BY** \_\_\_\_\_

**PRIMARY CARE PHYSICIAN** \_\_\_\_\_ **ADDRESS/PHONE #** \_\_\_\_\_

**IS THIS A WORKER'S COMPENSATIONS INJURY:** YES \_\_\_\_\_ NO \_\_\_\_\_ **AUTO ACCIDENT** YES \_\_\_\_\_ NO \_\_\_\_\_

**WORKERS COMPENSATION/AUTO INSURANCE CARRIER** \_\_\_\_\_ **ADJUSTER:** \_\_\_\_\_

**CONTACT INFORMATION: PHONE** \_\_\_\_\_ **CLAIM #:** \_\_\_\_\_

Name \_\_\_\_\_ DOB: \_\_\_\_\_ Date \_\_\_\_\_

**Your Health History: Please fill out completely:**

**ANY CHANGES MUST BE NOTED. IF NO CHANGES INDICATE "NONE"**

Do you currently smoke tobacco of any kind?  Yes  Former smoker  Never been a smoker

If yes, how often do you smoke:  Current every day smoker  Current sometimes smoker

Smoke per day? \_\_\_\_\_

If yes, what is your level of interest in quitting smoking? 1 2 3 4 5 6 7 8 9 10 very

How much do you: Drink per week? \_\_\_\_\_

List major illness and dates: \_\_\_\_\_

Current medications, including frequency and dosage if known. There are **NO** current medications, check here

1) \_\_\_\_\_ 2) \_\_\_\_\_

3) \_\_\_\_\_ 4) \_\_\_\_\_

List vitamins and supplements:

\_\_\_\_\_

List any known allergies you have had to any medications or any know allergies.

If no allergies are known, check here:

1) \_\_\_\_\_ 2) \_\_\_\_\_

List surgeries & dates: \_\_\_\_\_

\_\_\_\_\_

Has any doctor diagnosed you with Hypertension presently?  Yes  No If yes, describe: \_\_\_\_\_

Has any doctor diagnosed you with Diabetes presently?  Yes  No If yes, what kind?  Type I  Type II

If yes to Diabetes, was your blood lab-work test for hemoglobin A1c > 9.0%?  Yes  No  Not Sure

If yes, other comments regarding Diabetes: \_\_\_\_\_

**Family History:** relationship ( mother, father, etc.) \_\_\_\_\_

Cancer \_\_\_\_\_ Diabetes \_\_\_\_\_ Heart \_\_\_\_\_ Stroke \_\_\_\_\_

What exercise do you do?  Power walking  Jogging  Spin Cycling  Swimming  Yoga

Pilates  Weight training  Zumba  Other \_\_\_\_\_

Are you having any trouble whatsoever controlling your bowel and/or bladder function?  Yes  No

Have you treated with another physician for your current symptoms? YES: Dr. \_\_\_\_\_

Are you having any trouble whatsoever controlling your bowel and/or bladder function?  Yes  No

Have you treated with another physician for your current symptoms? YES: Dr. \_\_\_\_\_

Name \_\_\_\_\_ DOB: \_\_\_\_\_ Date \_\_\_\_\_

Please describe ONE complaint per page

**CHIEF COMPLAINT #1:** (Indicate here) \_\_\_\_\_

Pain/Symptom Intensity : Mild 

0	1	2	3	4	5	6	7	8	9	10
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 Severe

**Mechanism of Injury:**  Lifting  Falling  Work Accident  Repetitive Motion  Other \_\_\_\_\_

**Injury Date:** \_\_\_/\_\_\_/\_\_\_ **Onset Date:** \_\_\_/\_\_\_/\_\_\_ **Complaint present for:** \_\_\_ Day(s)/ Month(s)/ Year(s)

**Frequency:** Your complaint is present \_\_\_\_\_% of the  Day  Month  Year

**Timing:** Your complaint is worse:  Morning  Midday  Evenings  Night  
Your complaint is better:  Morning  Midday  Evenings  Night

**Radiating Down:**  Left  Right  Both  
 Shoulder  Upper Arm  Arm  Arm to Hand  Buttock  Upper leg  Leg  Calf  Foot

**Quality: Circle all that apply**

Dull	Sharp	Throbbing	Burning	Deep	Aching
Tingling	Stabbing	Cramping	Numbness	Radiating	Other

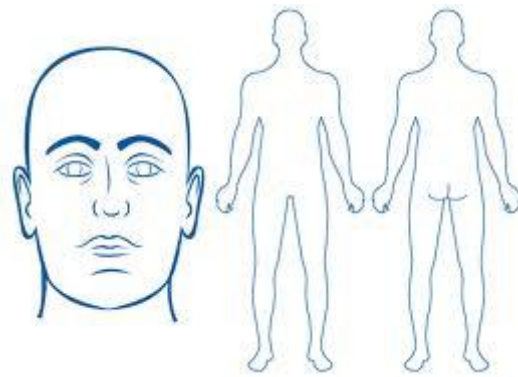
**Aggravating factors: Circle all that apply**

Sitting	Standing	Walking	Bending	Stooping	Lifting
Sleeping	Sneezing	Coughing	Straining	Reaching	Twisting
Looking up	Looking down	Movement	Rest	Lying supine	Driving
Typing	Scooping	House chores	Exercise	Lying prone	Stair stepping

**Relieving factors: Circle all that apply:**

Sitting	Standing	Lying	Knees bent	Support
No movement	Movement	Heat	Ice	Analgesic topical
Ibuprofen	Medication	Rest	Stretching/Exercise	Adjustments

**Place an "X" on all areas related to this complaint**



Name \_\_\_\_\_ DOB: \_\_\_\_\_ Date \_\_\_\_\_

Were x-rays taken? Other diagnostics test?

Yes: \_\_\_\_\_ Date: \_\_\_\_\_ Facility: \_\_\_\_\_

**Please check all that apply:**

<input type="checkbox"/> Sleeping Problems	<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Kidney Problems	<input type="checkbox"/> Foot Pain
<input type="checkbox"/> Nervousness	<input type="checkbox"/> Constipation	<input type="checkbox"/> Bladder Problems	<input type="checkbox"/> Foot Numbness
<input type="checkbox"/> Stress	<input type="checkbox"/> Vomiting	<input type="checkbox"/> Hyperthyroid	<input type="checkbox"/> Arm Pain
<input type="checkbox"/> Irritability	<input type="checkbox"/> Stomach Ulcers	<input type="checkbox"/> Hypothyroid	<input type="checkbox"/> Arm Numbness
<input type="checkbox"/> Fatigue	<input type="checkbox"/> Acid Reflux	<input type="checkbox"/> Tonsils/Adenoids	<input type="checkbox"/> Hand Numbness
<input type="checkbox"/> Depression	<input type="checkbox"/> Psoriasis	<input checked="" type="checkbox"/> Diabetes	<input type="checkbox"/> Finger Numbness
<input type="checkbox"/> Memory Loss	<input type="checkbox"/> Eczema/Rashes	<input type="checkbox"/> Hyperglycemia	<input type="checkbox"/> Sciatica
<input type="checkbox"/> Chest Pains	<input type="checkbox"/> Shingles	<input type="checkbox"/> Hypoglycemia	<input type="checkbox"/> Shoulder Pain
<input type="checkbox"/> ↑ Blood Pressure	<input type="checkbox"/> Ear Infections	<input type="checkbox"/> Tension Headaches	<input type="checkbox"/> Blurred Vision
<input type="checkbox"/> ↓ Blood Pressure	<input type="checkbox"/> Frequent Colds/Flu	<input type="checkbox"/> Sinus Headaches	<input type="checkbox"/> Hormone Problems
<input checked="" type="checkbox"/> Allergies/Asthma	<input type="checkbox"/> Fever	<input checked="" type="checkbox"/> Migraines	<input type="checkbox"/> HIV Positive
<input type="checkbox"/> Shortness of Breath	<input type="checkbox"/> Infertility	<input type="checkbox"/> Neck Pain/ Stiffness	<input type="checkbox"/> History of Cancer
<input type="checkbox"/> Ears Ring/ Buzz	<input type="checkbox"/> Menstrual Problems	<input type="checkbox"/> Mid-Back Pain	<input type="checkbox"/> History of Heart Disease
<input type="checkbox"/> Dizziness / Vertigo	<input type="checkbox"/> Vaginal Infections	<input type="checkbox"/> Low Back Pain	<input type="checkbox"/> Fainting Spells
<input type="checkbox"/> Prostate Problems	<input type="checkbox"/> Gall Bladder Problems	<input type="checkbox"/> Pinched Nerve	<input type="checkbox"/> Liver Problems
<input type="checkbox"/> Cold Sweats	<input type="checkbox"/> Loss of Smell / Taste	<input type="checkbox"/> Herniated Disc	<input type="checkbox"/> Leg pain
<input type="checkbox"/> Intestinal Problems			<input type="checkbox"/> Leg Numbness

**A PATIENT COMING TO THE DOCTOR GIVES HIM/HER PERMISSION AND AUTHORITY TO CARE FOR THE PATIENT IN ACCORDANCE WITH THE APPROPRIATE TESTS, DIAGNOSIS, ANALYSIS, AND TREATMENT. THE DOCTOR, OF COURSE, WILL NOT PROVIDE SPECIFIC HEALTHCARE, IF HE/SHE IS AWARE THAT SUCH TREATMENT MAY BE CONTRA-INDICATED.**

SIGNING THIS FORM GIVES THIS OFFICE PERMISSION TO LEAVE MESSAGES ON THE PATIENT'S HOME PHONE AND/OR CELL PHONE. PLEASE NOTIFY THE OFFICE IF OTHER ARRANGEMENTS NEED TO BE MADE.

I HEREBY AUTHORIZE PAUL E. SAYOUR, DC TO SUBMIT A CLAIM TO MY INSURANCE CARRIER(S) AND DIRECT MY INSURANCE CARRIER TO ISSUE PAYMENT CHECKS DIRECTLY TO: PAUL E. SAYOUR, DC.

I AUTHORIZE THE REQUEST AND RELEASE OF MEDICAL INFORMATION/TESTING/IMAGING.

I ACKNOWLEDGE WICKFORD CHIROPRACTIC'S NOTICE OF PRIVACY PRACTICES FOR PROTECTED HEALTH INFORMATION. PATIENT CAN CHANGE AUTHORIZATION/UNAUTHORIZED STATUS AT ANYTIME.

**PAYMENT IS EXPECTED AT THE TIME OF VISIT.**

**WE ACCEPT CREDIT CARDS, PERSONAL CHECKS, AND CASH. IT IS OUR CUSTOMARY PROCEDURE TO PROMPTLY FILE INSURANCE CLAIMS. THE PATIENT PAYS ANY DEDUCTIBLES, CO-PAYMENTS, UNCOVERED, REJECTED, DENIED OR OTHERWISE UNPAYABLE CLAIMS.**

**PATIENT'S SIGNATURE** \_\_\_\_\_